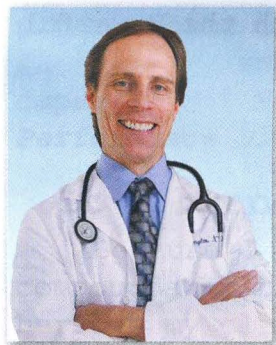


NEW! From America's Natural Doctor™ recognized by ABC Family and Public Television stations, and acclaimed as the "leader of natural medicine's new wave"...

The secret of Boundless Energy



A SPECIAL REPORT

by Dr. Mark Stengler

EXPOSED: Why do a fortunate few have boundless energy, while YOU want to crawl back to bed? The secret is not in your muscles, your heart, your guts, your gonads — and not in your mind. No, it lurks in a place you never suspected...

PLUS: IF YOU'RE TIRED
for any reason or
suffer from:

- ✓ Stiff joints...
- ✓ Aching muscles...
- ✓ Occasional headaches...
- ✓ Jitters...
- ✓ Moodiness...
- ✓ Poor sleep patterns...
- ✓ Senior moments...
- ✓ Inability to concentrate...

A brand-new breakthrough
(named inside!) is about to
**TURN YOUR
WHOLE LIFE
AROUND...**

**NOW: You'll feel a power surge in 14 days...
GUARANTEED!**

My Dear Fatigued Friend:

Over the past 15 years, I've helped over 3,598 patients beat "hopeless" cases of fatigue...

Including folks who were literally crying with exhaustion and sheer frustration...

Surprised? But here at my clinic, I've personally helped thousands of patients beat "hopeless" fatigue with this secret, and if you'll just read the next few sentences, I can help you, too. It all starts as soon as you understand one simple secret...

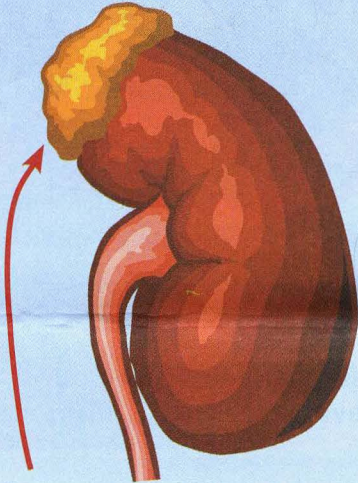
**THE SECRET: It's all about
your ADRENAL GLANDS!**

HOW? Because your adrenal glands are practically ignored by most doctors, but they actually control the health of your entire body!

(Keep reading...)

**AND:
You'll feel a
power surge
in 14 days,
GUARANTEED!**

Perched atop your kidneys like tiny beanbags, your adrenal glands may not look important, but ignore them at your peril.



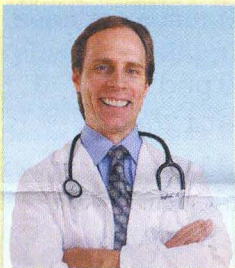
Your adrenal glands are your key to boundless energy, a sharp mind, sunny moods, flexible joints and so much more!

In fact, these overlooked little critters sit atop each of your kidneys, where they quietly control the health of your entire body. In fact, your adrenal glands are almost a "second brain," because...

- ✓ **They make your bones and muscles strong** by producing DHEA, the precursor to anabolic hormones like testosterone...
- ✓ **They regulate your blood pressure** in several different ways (for example, they can make your blood pressure soar and your heart pound like a drum, by secreting adrenaline)...
- ✓ **They control your blood sugar** by stimulating your liver to make glycogen (a form of glucose) when your blood sugar gets too low...

Plus, they provide your body with the powerful stress hormone *cortisol*, which:

- ✓ **Dials down your pain levels...**
- ✓ **Sharpens your mind...**
- ✓ **Heightens your mood...**
- ✓ **Gives you extra energy on demand...**
- ✓ **Influences your sleep cycle...**



You may already know Dr. Mark Stengler from his dozens of TV appearances on Public Television, CBS, ABC, Fox, and other television networks, and his monthly newsletter, **Bottom Line/NATURAL HEALING**. In

recent years, his natural healing discoveries have proven so spectacular that...

- ◆ **DR. STENGLER HOSTS** a weekly television program about natural health seen across the country...
- ◆ **PUBLIC TELEVISION** spotlighted his genius in two breakthrough health documentaries...
- ◆ **CEOs of FORTUNE 500 COMPANIES** have traveled thousands of miles to be

treated at Stengler's Center for Integrative Medicine in Encinitas, California...

- ◆ **FILM STARS** and other wealthy and famous persons who could consult with any doctor in the world have also chosen Dr. Mark Stengler (you'll meet a **champion athlete** on page 9)...

But YOU don't have to spend thousands of dollars to fly out to his clinic. Because now, Dr. Stengler has teamed up with **Bottom Line Natural Healing®** to bring YOU the astonishing energy formula that has transformed the health of legions of his patients—in an easy-to-take supplement that's **guaranteed** to do the same for you, or you don't pay a cent. Just RSVP in the next 5 days to save **over \$100** on **Adrenal Performance Plus™** and get **3 FREE GIFTS!**

**But the great news is that,
if you SUPPORT your adrenals,
YOUR WHOLE LIFE CAN TURN AROUND...**

I know, because I've already proven 3,598 times over that "hopeless" fatigue can be beaten... and replaced with a "go get 'em" feeling that you may not have felt since you were a teenager.

Remember that feeling? Remember the JOY of all that energy surging through your young body as you'd bounce out of bed and tear through the day! Get ready to feel that great again...

Because for the first time ever, the good folks at **Bottom Line Natural Healing** have teamed up with me to assemble the very same natural formula that my own patients swear by.

Our team searched the globe for the most pristine, potent forms of the hard-to-find compounds I give my own patients -- and put them all into one simple, affordable capsule that YOU can use right at home. It's called **Adrenal Performance Plus...**



It's brand-new and you're invited to try it RISK-FREE...

Because I couldn't be prouder of this breakthrough! I've seen the compounds in this formula work miracles literally thousands of times here at my clinic -- and **Bottom Line Natural Healing** is backing **Adrenal Performance Plus** with a most unusual guarantee. Even if you've been bone weary for decades...

**You're going to start feeling a joyous POWER SURGE IN
14 DAYS...**

GUARANTEED, or it won't cost you a cent. And, just like my patients here at the clinic...

As you switch on the "juice" again, you may also feel a transformation throughout your entire body, as stiff joints, aching muscles, jittery nerves, moodiness, senior moments and other miseries fade into the past...

HOW DO I KNOW? Because I've already seen it happen thousands of times...

Over the past 15 years, I've helped thousands of patients beat "hopeless" cases of fatigue...

Including folks who were literally crying with exhaustion and sheer frustration...

Because they'd tried everything! Coffees, teas, juices, energy bars, energy drinks, exercise, diets...

And supplements like yerba maté, guarana, kola nut, bitter orange...

Sound familiar? But I'm going to let you in on a shocking little secret...

(Continued on next page...)

THE FIVE DUMBEST *Falsehoods about Fatigue*

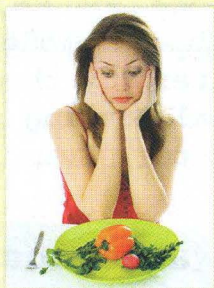


#1. "Coffee relieves fatigue."
WRONG! Caffeine is among the *worst* things you can take for weakened adrenals. It's like hitting the gas when your needle's on empty.

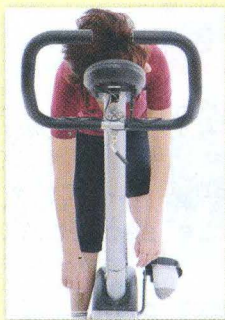
You get a quick jolt, then stop cold. That's why my *Adrenal Performance Plus* contains no caffeinated compounds.

#2. "Try supplements like yerba maté, guarana or bitter orange."
WRONG! These stimulants work just like coffee, squeezing the last drops of energy from stressed-out adrenals. By contrast, the herbs in *Adrenal Performance Plus* nourish and nurture your adrenals back to health.

#3. "You need to go on a special diet."
WRONG! You actually need to stay away from sugars and other *simple carbohydrates*, which spike your blood sugar and punish your adrenal glands.



#4. "Energy drinks like acai or goji juice will stoke your furnace."
WRONG! The *fruits* do contain fabulous antioxidants. But the *juices* are full of sugar, which depletes your adrenals! My *Adrenal Performance Plus* contains sugar-free concentrates of these powerhouse fruits, instead of juices.



#5. "Exercise harder."
WRONG! Moderate exercise does indeed help your adrenals, but too much exercise stresses them out. Relax, give your body time to recover, and take your *Adrenal Performance Plus*.

EVERYTHING ON THAT LONG LIST IS ACTUALLY DRAINING YOUR ENERGY...

...as systematically as a thief who siphons gas from your tank. In a moment, I'll explain why each of these "energy boosters" won't (and can't) work, but suffice to say...

Mess with your adrenals and YOU COLLAPSE LIKE A SHACK IN A HURRICANE...

When you get stressed, they respond by pumping out cortisol to help you cope. But when they run out of "juice," you're running on empty. You get anxious and forgetful, your blood sugar may rise, you may gain weight, you can't sleep, everyday aches and pains seem to be the rule, your pain levels rocket and you feel totally, utterly...

Exhausted. Out of it. Blotto. Done.

Now the bad news is that 21st-century life excels at overworking your adrenal glands.

You sit at work, unable to fight or flee when your boss or associates howl. You go home, turn on the TV and watch buildings blowing up. And everything else that surrounds you, from cell phones and computers to processed food, is constantly jolting your poor, overworked adrenals. No wonder you feel like dirt!

But the great news is that, if you SUPPORT your adrenals, YOUR WHOLE LIFE CAN TURN AROUND...

Not just your health -- your career, your marriage, your ability to enjoy every precious moment of your life. My patients have told me this so often and it makes great sense,

because it's physically impossible to excel on the job, have great sex or simply feel good without healthy adrenal glands. This is so important that...

50% of my patients who come in with other health issues
TURN OUT TO HAVE ADRENAL
IMBALANCE...

And once we solve *that* problem, everything else usually falls into place. Your stiff joints, aching muscles, moodiness, jittery nerves, poor sleep patterns, senior moments, inability to concentrate -- all these concerns can fade like the mist on a sunny morning, once your adrenal glands perform at their peak.

Better still, now it's never been easier to beat adrenal fatigue. First, just avoid some incredibly common blunders that you may have been told to do. Next, you must *nourish*, support and maintain your adrenal glands with the compounds they crave! They're all in **Adrenal Performance Plus**, and this is...

**The ONLY supplement I've seen with
ALL 7 ADRENAL AMPLIFIERS...**

...in exactly the form and dosage that we've used with such success here at the clinic. Let me explain how each of these adrenal amplifiers works, and why they've been so hard to find until now.

ADRENAL AMPLIFIER #1

The clinically tested form of
ASHWAGANDHA...

Maybe you know that traditional healers in India use this herb to help relieve chronic fatigue. But lately it's logged amazing results in exciting new scientific studies! In recent clinical trials on real human beings (not lab rats), ashwagandha extract was shown to help...

- ✓ Relieve fatigue, tension and exhaustion from everyday stressors...

(Continued on next page...)

» PATIENT CASE HISTORY «
GOT MY BOUNCE BACK!

I could barely get out of bed each morning. I was constantly tired and struggling to get through each day. I had done everything I could think to do...

I was eating healthy and exercising daily, but
THE MORE I DID, THE WORSE I FELT

I told Dr. Stengler I wanted my "bounce" back! I didn't want to keep dragging through life. And I am extremely thankful, because after [using his formula], I am doing so much better.

***I'm waking up refreshed! I've lost weight, toned up
AND I HAVE MY LIFE AGAIN...***

Because I can run, do my exercising and feel invigorated, not exhausted!*

—Kathleen Yanelli, Lakewood, CA

*Results not typical

FEEL THE POWER
in 14 days or
you don't pay!



The World's
Greatest Secrets of
**BOUNDLESS
ENERGY**

How to Make Yourself SUPER IMMUNE

Free Gifts

Grow Your Own MIGHTY MEMORY



- ✓ Promote mental clarity, concentration and alertness...
- ✓ Enhance balanced energy levels for physical performance and endurance...

Plus, people taking this extract had a **great big reduction in serum cortisol levels.** Cortisol is the main hormone your adrenal glands secrete when you're stressed -- and the reduction that ashwagandha produces is flat-out astonishing.

And, in yet another study, subjects saw an impressive **increase in DHEA.** This is the "energy" hormone that's the precursor to testosterone -- the anabolic hormone that keeps your muscles strong and toned. I've never seen another herb that can cut cortisol levels and boost DHEA so powerfully...

But don't get fooled by ads promoting ordinary ashwagandha...

Because the researchers used a very special ashwagandha extract, with a very high percentage of *withanolides*. This is the active ingredient that yielded these fantastic results -- and it's exactly what goes into **Adrenal Performance Plus!** Our ashwagandha extract is standardized to a whopping 8% withanolides. Plus, it's extracted from specially grown ashwagandha roots and leaves, in a patented, water-based process. And it's rigorously tested to be free of lead and pesticides, which unfortunately show up in too many other supplements.

But that's just the start! My formula also includes...

ADRENAL AMPLIFIER #2

The full research dosage and strength of RHODIOLA ROSEA EXTRACT

Rhodiola is getting plenty of press for its stress-fighting, mood-improving powers. The subject of intensive research in approximately 180 different studies, including human trials, rhodiola has been shown to

Felt it working in days!

Within days, I was feeling more normal and well! As I felt my energy improving, I noticed my mood is much better in general, too. I'm very happy with this product and thankful for it.*

—Debbie C., Santa Barbara, CA

Pam I.

» PATIENT CASE HISTORY «

Sleeping the night and I have TONS OF ENERGY!

I came to Dr. Stengler complaining.

I had very little energy and was not able to sleep. After being on the adrenal formula, I started sleeping through the night! I was less stressed and I had tons of energy.*

—Pam Irvine, Santee, CA



boost physical energy and cut exercise recovery time. And it's even been tested on overworked doctors and shown to improve *their* mental performance.

But too many folks are getting **scammed** by wimpy rhodiola! Quick-buck artists are cashing in on the name, and not delivering anything close to what the researchers used.

Insist on the form that they used in the studies -- not just "Rhodiola spp.," but *Rhodiola rosea*. And your extract should be rich in the active ingredient, standardized to 3% *rosavins* (the most important ingredient), in a dosage of 300 milligrams daily. I know that's a lot to remember, but you don't have to anymore. You'll get exactly this concentration and dosage in **Adrenal Performance Plus!** And you'll also receive...

ADRENAL AMPLIFIER #3

THE "OTHER" GINSENG

I tell fatigued patients to stay away from "regular" Chinese ginseng, because I'm convinced it stresses your adrenals. But a lesser-known plant species called Siberian ginseng *Eleutherococcus senticosus*, has a completely different chemistry. Russian athletes and cosmonauts commonly use it to keep up their energy reserves -- and I've seen it work wonders thousands of times for my patients with adrenal imbalance. We use a highly concentrated extract with 0.8% *Eleutherosides* at my clinic, and that's exactly what YOU receive in **Adrenal Performance Plus**.

ADRENAL AMPLIFIER #4

THE "STRESS VITAMINS"

You'd be shocked by how many of my fatigued patients turn out to be deficient in vitamins B12 and B5 (pantothenic acid). Both of these are essential to energy production -- so I make sure you get a very generous dosage of each in **Adrenal Performance Plus**. And we specify B12 in the form

(Continued on next page...)

Hilda A.

» PATIENT CASE HISTORY «

Mood improving, skin appears better, I FEEL ALIVE AGAIN!

I used to have crying crises throughout the day. I felt overwhelmed. But now I wake up, go to yoga, take long walks, work, volunteer, and cook! My skin appears much better. My sleep has also improved—before, I could only sleep 2 to 3 hours per night. Overall, I truly want to thank Dr. Stengler, because his treatment has made me feel back in health, alive and in control!*

—Hilda Aymerich, San Diego, CA

Relieved severe fatigue and muscle aches!

My symptoms included severe fatigue as well as muscle aches, stiff joints and occasional difficulty sleeping. Basically, I had NO LIFE! After starting Dr. Stengler's adrenal nutrients, I began to see improvement in a few weeks, with increased energy and improved stamina. I am eternally grateful!*

—Cindy Schalkle, Cave Creek, AZ

*Results not typical

FEEL THE POWER
in 14 days or
you don't pay!

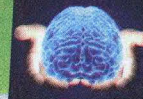


The World's
Greatest Secrets of
**BOUNDLESS
ENERGY**

How to
Make Yourself
**SUPER
IMMUNE**

**Free
Gifts**

Grow Your Own
**MIGHTY
MEMORY**



of methylcobalamin, so you can metabolize it most efficiently. But even then, we're not done, because I also want to give you...

ADRENAL AMPLIFIERS #5, #6 & #7

POMEGRANATE, ACAI & GOJI

Get all their goodness without the sugar!

Millions of people are tanking up on pomegranate, acai and goji juices, often marketed as "energy tonics." Well, the *fruits* do contain fantastic antioxidants -- but the *juices* are loaded with SUGARS, which stress and deplete

your adrenals. That's the last thing you need if you're suffering from fatigue! So our team has extracted the powerful polysaccharides and antioxidants from these fruits, leaving out the stressful sugars. It's the simplest and best way to get the goodness of pomegranate, acai and goji berries!

Add it all up, and you're getting much, much more than an energy supplement! By supporting your adrenals so completely and effectively...

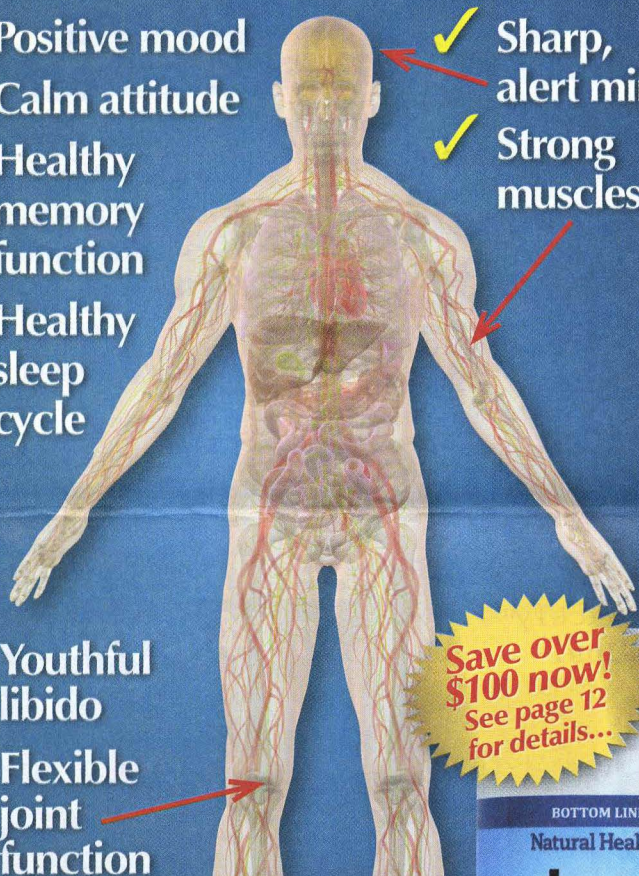
You won't just get more energy -- you'll TURN YOUR WHOLE LIFE AROUND!

Whether you're just starting out your career or enjoying a well-earned retirement, healthy adrenal glands give you the gusto you need to enjoy every year of a long, fulfilled life. You'll feel sharper, calmer, happier and stronger than ever before...

Could it help you sleep and concentrate better?

I know one young man from Wisconsin who swears it did!

Once your adrenal glands are properly maintained and perform at their peak, you'll be astonished at how fabulous you feel. Because your adrenals regulate so many functions, you'll also be supporting...

- 
- ✓ Positive mood
 - ✓ Calm attitude
 - ✓ Healthy memory function
 - ✓ Healthy sleep cycle
 - ✓ Sharp, alert mind
 - ✓ Strong muscles
 - ✓ Youthful libido
 - ✓ Flexible joint function

Save over \$100 now!
See page 12 for details...



After starting to use **Adrenal Performance Plus** to help treat fatigue and loss of mental clarity, Christopher G. O'Boyle of West Allis, WI, wrote, "Two months into using **Adrenal Performance Plus**... I have astoundingly better concentration, absolutely no lack of energy, sleep a lot better -- I highly recommend it"!*
 So now it's your turn to RECLAIM YOUR LIFE...

Yes you can, and I know you will, if you'll only give your overstressed adrenal glands a break!

I've seen it happen thousands of times for my patients here at the clinic, and I couldn't be prouder of **Adrenal Performance Plus**. As you may know, I've written a stack of books about natural healing compounds. And, out of all those thousands of natural discoveries I've investigated and prescribed...

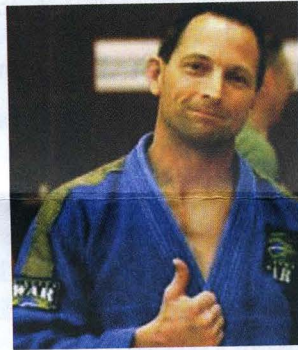
This is the single most reliable, effective natural formula I'VE EVER USED AS A DOCTOR...

I've seen it work for women and men of all ages, with all manner of health conditions, and it performs like clockwork. I'll give it to patients, and soon I'll get a grateful phone call or email...

"Hey Dr. Stengler, this energy stuff really works!" I take it myself, every day. And **Bottom Line Natural Healing** guarantees that, if you just give my new **Adrenal Performance Plus** a chance...

(Continued on next page...)

MARTIAL ARTS CHAMP credits this for his gold medals!



I was interested in what Dr. Stengler could do to increase my overall level of health and fitness. I feel we achieved great success. Since [starting Dr. Stengler's regimen], my energy level is higher than in any recent years... my workout recovery is also noteworthy... I sleep very well... and my lean muscle mass has increased.

Even if you're not fatigued, supporting your adrenals COULD TAKE YOU TO THE NEXT LEVEL...

With hard training, and Dr. Stengler's adrenal and nutritional support, I won Bronze at the 2008 Pan Am Brazilian Jiu Jitsu Championship, Silver at the US Open Brazilian Championship, Gold at the American Nationals, Gold at the 2009 Pan Ams and competed in the 2008 and 2009 World Championships! *

—Duane Dwyer, San Marcos, CA

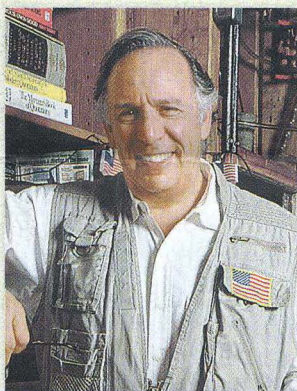
*Results not typical

FEEL THE POWER in 14 days or you don't pay!



You too, will feel your energy surge IN 14 DAYS — OR YOU DON'T PAY!

*A special message from Martin Edelston
Chairman, Bottom Line*



Dear Friend of Bottom Line:

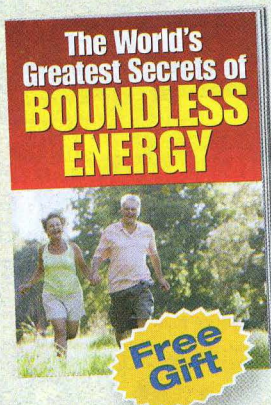
We at **Bottom Line** couldn't be prouder to be offering **Adrenal Performance Plus** -- the premier natural formula developed and used by Dr. Mark Stengler, today's most acclaimed natural physician. And we're backing it with the most consumer-friendly guarantee in the business. All we ask is that you...

Just give it two quick weeks and feel the results for yourself! If you're not feeling a dramatic turnaround in your energy, health and well-being, return the unused portion for a full refund, no questions asked.

And month by month, it's going to get even better...

By the 6-month mark, you're going to feel absolutely transformed -- or same deal. Return the unused portion for a refund, even if you're on the last capsule of a six-month supply! So you can't lose. And you couldn't have picked a better time to take advantage...

Order in 5 days and get up to 3 FREE GIFTS!

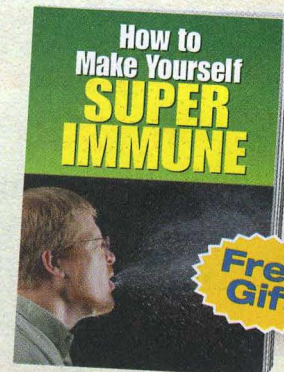


All three gifts are BRAND-NEW reports, specially prepared by **Bottom Line's** team of the world's most acclaimed doctors and scientists:

FREE! GIFT #1. *The World's Greatest Secrets of BOUNDLESS ENERGY*. Find out how to feel 10 years younger in days... why lower intensity exercise is proven to work better... the single biggest mistake that dieters make (you'll gain weight and feel awful)... fantastic news for sleep-deprived folks, and so much more...

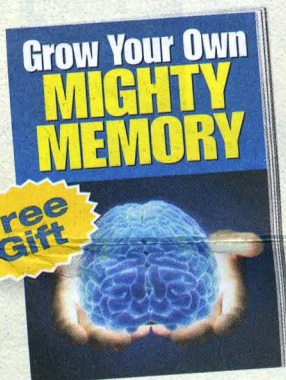
FREE! GIFT #2. How to Make Yourself SUPER

IMMUNE. Discover the one vitamin shown to stimulate production of natural antibiotics... the cheap "drug-store" remedy that really shortens duration of the flu... how to shrug off bugs at family gatherings... the shocking truth about echinacea, and much more...



FREE! GIFT #3. Grow Your Own

MIGHTY MEMORY. World's best brain superfoods... surprising "memory vitamin" that dementia victims lack... simple way to avoid senior moments and find your glasses every time... best-selling drugs that rob your memory and what to do NOW... easy nutritional regimen that removes a harmful heavy metal from your body, and more...



AND REMEMBER, if your 14-day results don't WOW you -- if you don't feel totally transformed, simply return the unused portion of **Adrenal Performance Plus**, and get a full refund.

PAY NOTHING and keep your FREE GIFTS!

So be sure to reply during this special 5-day introductory period. You'll get up to 3 FREE GIFTS, risk nothing -- and feel your power surge in 14 days or it's FREE!

Here's to a totally transformed you,

Martin Edelston
Chairman

Order your 6-month supply today and receive ALL THREE Special Reports!

P.S. Go for the 6-month supply and you'll save over \$100, with absolutely no risk. Remember, you can return the unconsumed portion at any time during your 6 months and get 100% of your money back, so you can't lose. So turn the page and call 1-877-856-8073 for **Adrenal Performance Plus** today!



FREE GIFTS CERTIFICATE

RSVP in 5 days to claim your FREE gifts!

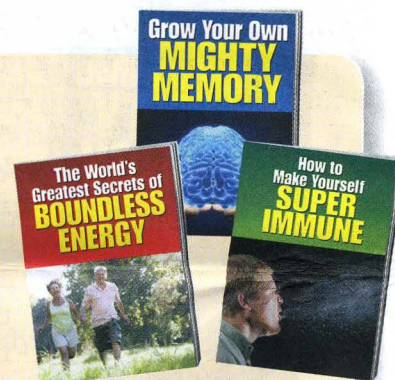
YES, DR. MARK STENGLER! I want to feel boundless energy, with help from **Adrenal Performance Plus™**! I must be wowed in 14 days and feel even better for months to come, or I can send back the unused portion, even on the last day of a 6-month supply. I'll get a 100% refund and keep my FREE GIFTS!

☐ **BEST DEAL**

Item #APP606

Under \$25 a bottle! 3 FREE GIFTS!

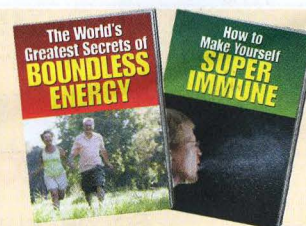
Send me a 6-month supply of **Adrenal Performance Plus** for only \$149.70. I receive 3 FREE Reports, FREE shipping and handling, and I save over \$100!



☐ **GOOD DEAL**

Item #APP603

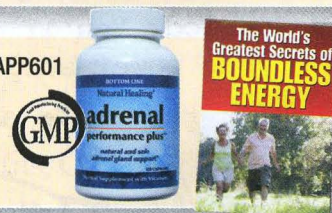
Less than \$30 a bottle! Send me a 3-month supply of **Adrenal Performance Plus** for only \$89.85. I'll get 2 FREE Reports, FREE shipping and handling, and I save over \$35!



☐ **SINGLE BOTTLE**

Item #APP601

Send me a month's supply of **Adrenal Performance Plus** for only \$34.95, plus \$6.95 shipping and handling. I'll get one FREE Report.



(Sales tax: IA residents add 6%, CT residents add 6.35%)



**CALL
TOLL-FREE**

Save time! For fastest delivery:

1-877-856-8073

Our operators are ready to take your call (24 hours a day, 7 days a week). Please have your credit card handy.

Method of Payment:



MasterCard



Visa



American Express



Discover

Order Online at www.AdrenalPerformancePlus.com

Your Savings Code:

40011

APPCON136

OUR UNCONDITIONAL GUARANTEE

Bottom Line Natural Healing guarantees every product we sell. If, for any reason, you are not 100% satisfied, you may return the unused portion of the product for a full refund (less shipping and handling) of the purchase price...at any time.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.